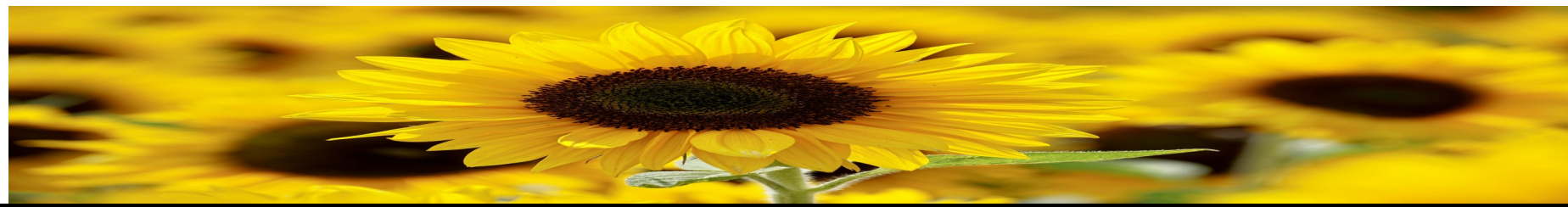


SEPTEMBER 2024



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|--|--|
| <p><u>1</u> 10:00 Anne Murray Concert & Trivia 2:00 Puzzles & Cards 3:00 Wesleyan Church</p> | <p><u>2</u> Labour Day 10:00 Chair Yoga 10:45 Coffee & Chat 2:00 Yogurt Parfait Social</p>  | <p><u>3</u> 9:30 Valencia on Piano 10:45 Silver Sneakers Walking Group 2:00 Money Bingo</p> | <p><u>4</u> 10:00 Chair Yoga 10:45 Bible Study with Tami 2:00 Get Creative!</p> | <p><u>5</u> Cheese Pizza Day 10:00 Colour by Design 2:00 Puzzles & Cards 3:00 Anglican Church with Father Robert</p> | <p><u>6</u> 10:00 Chair Yoga 10:45 Coffee & Chat 2:00 Treat Bingo</p> | <p><u>7</u> 10:00 Chair Yoga 10:45 Hydration Station 2:00 Boutique</p> |
| <p><u>8</u> Grandparents Day 10:00 Great Big Sea Concert & Trivia 1:30 Grandparents Day Fun! 3:00 Pentecostal Church</p> | <p><u>9</u> 10:00 Colour by Design 10:45 Stories with Bill Neil 2:00 Puzzles & Cards</p> | <p><u>10</u> 10:00 Chair Yoga 10:45 Silver Sneakers Walking Group 2:00 Money Bingo</p> | <p><u>11</u> 10:00 Chair Yoga 10:45 Bible Study with Tami 2:00 Get Creative!</p> | <p><u>12</u> 10:00 Chair Yoga 10:45 Silver Sneakers Walking Group 2:00 Beach Ball Volley</p> | <p><u>13</u> Chocolate Day 10:00 Chair Yoga 10:45 Coffee & Chat 2:00 Treat Bingo</p> | <p><u>14</u> 10:00 Colour by Design 10:45 Hydration Station 2:00 Puzzles & Cards</p> |
| <p><u>15</u> 10:00 Dolly Parton Concert & Trivia 2:00 Puzzles & Cards 3:00 Pentecostal Church</p> | <p><u>16</u> Guacamole Day 10:00 Chair Yoga 10:45 Coffee & Chat 2:00 Foodie Friends Making Treats</p> | <p><u>17</u> 10:00 Chair Yoga 10:30 Silver Sneakers Walking Group 2:00 Music by Tom Valiquette Footcare Appointments</p> | <p><u>18</u> Cheeseburger Day 10:00 Chair Yoga 10:45 Bible Study with Tami 2:00 Get Creative! Footcare Appointments</p> | <p><u>19</u> 10:00 Colour by Design 2:00 Gals' Club in Activity Room 2:00 Guys' Club in Games Room</p> | <p><u>20</u> 10:00 Chair Yoga 10:45 Coffee & Chat 2:00 Puzzles & Cards 3:30 Music by Ice No Slice</p> | <p><u>21</u> Alzheimer's Day 10:00 Chair Yoga 10:45 Hydration Station 2:00 Puzzles & Cards 3:30 Music by Jumping Jimmy</p> |
| <p><u>22</u> Autumn Begins 10:00 Kenny Rogers Concert & Trivia 2:00 Puzzles & Cards 3:00 United Church</p> | <p><u>23</u> 10:00 Chair Yoga 10:45 Stories with Bill Neil 2:00 Foodie Friends Making Treats</p> | <p><u>24</u> 9:30 Valencia on Piano 10:45 Silver Sneakers Walking Group 2:00 Money Bingo</p> | <p><u>25</u> 10:00 Chair Yoga 10:45 Bible Study with Tami 2:00 Get Creative!</p> | <p><u>26</u> 10:00 Residents' Council Meeting 2:00 Ping Pong Fun</p> | <p><u>27</u> 10:00 Chair Yoga 10:45 Coffee & Chat 2:00 Treat Bingo</p> | <p><u>28</u> 10:00 Colour by Design 10:45 Hydration Station 2:00 Card Bingo 3:30 Music by Al Visser</p> |
| <p><u>29</u> 10:00 Tim McGraw Concert & Trivia 1:30 4 Hand Euchre 3:00 Associated Gospel Church</p> | <p><u>30</u> Orange Shirt Day 10:00 Chair Yoga 10:45 Coffee & Chat 2:00 Foodie Friends Making Treats</p>  |  | <p><u>Also:</u> Hearing Clinics Vitals Clinics Footcare Apts</p> | <p>Family Skype Calls - Ask Nancy Hairdresser Lori Ask Staff for Apts</p> | <p>6:30 Nightly Movies 6:30 Evening Cards Schedule Subject to Change</p> | <p>Bayfield Manor Retirement Community</p> |