



JULY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bayfield Manor Retirement Community	<u>1</u> Canada Day 10:00 Puzzles & Cards 2:00 Music by Doug & Pam Champagne 	<u>2</u> Valencia on Piano 10:30 Silver Sneakers Walking Group  2:00 Money Bingo	<u>3</u> 10:00 Chair Yoga 10:45 Garden Time 2:00 Yogurt Parfait Social	<u>4</u> 10:00 Chair Yoga 10:45 Garden Time 2:00 Beach Ball Volley 3:00 No Church Today	<u>5</u> Bikini Day 10:00 Exercise & Weights 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Bible Study with Tami 	<u>6</u> Fried Chicken Day 10:00 Chair Yoga 10:45 Hydration Station 2:00 Card Bingo
	<u>7</u> Strawberry Sundae Day 10:00 Reba McEntire Concert & Trivia 2:00 Strawberry Social 3:00 Wesleyan Church 	<u>8</u> Sundae Day 10:00 Exercise & Weights 10:45 Stories with Bill Neil 2:00 Foodie Friends Making Treats	<u>9</u> 10:00 Chair Yoga 10:30 Silver Sneakers Walking Group 2:00 Money Bingo	<u>10</u> 10:00 Yoga Ball Drumming 10:45 Garden Time 2:00 Get Creative!	<u>11</u> 10:00 Colour by Design 2:00 Guys' Club in Games Room 2:00 Gals' Club in Activity Room	<u>12</u> 10:00 Exercise & Weights 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Bible Study with Tami
<u>14</u> 10:00 Michael Buble Concert & Trivia 2:00 Garden Time 3:00 Pentecostal Church	<u>15</u> 10:00 Colour by Design 10:45 Coffee & Chat 2:00 Puzzles & Cards	<u>16</u> Cherry Ice Cream Day <u>9:30 Valencia on Piano</u> 10:30 Silver Sneakers Walking Group 2:00 Music by Tom Valiquette & Birthday Club	<u>17</u> Peach Ice Cream Day 10:00 Chair Yoga 10:45 Garden Time 2:00 Peach Ice Cream Social 	<u>18</u> 10:00 Chair Yoga 10:45 Garden Time 2:00 Ping Pong Game	<u>19</u> 10:00 Exercise & Weights 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Music by Ice No Slice	<u>20</u> 10:00 Colour by Design 10:45 Hydration Station 2:00 Garden Time 3:30 Music by Jumping Jimmy
<u>21</u> Junk Food Day 10:00 Woman of Country Concert & Trivia 2:00 Garden Time 3:00 No Church Today	<u>22</u> 10:00 Exercise & Weights 10:45 Stories with Bill Neil 2:00 Foodie Friends Making Treats	<u>23</u> 10:00 Chair Yoga 10:30 Silver Sneakers Walking Group 2:00 Money Bingo 3:30 Music by Al Visser Foot Care Appointments	<u>24</u> 10:00 Yoga Ball Drumming 10:45 Garden Time 2:00 Get Creative! Foot Care Appointments	<u>25</u> Hot Fudge Sundae Day 10:00 Residents' Council Meeting 2:00 Garden Time 	<u>26</u> 10:00 Exercise & Weights 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Bible Study with Tami	<u>27</u> Coffee Milk Shake Day 10:00 Chair Yoga 10:45 Hydration Station 2:00 Music by Sherriffs' Brothers 
<u>28</u> 10:00 Carpenters Concert & Trivia 2:00 Garden Time 3:00 United Church	<u>29</u> 10:00 Colour by Design 10:45 Coffee & Chat 2:00 Puzzles & Cards	<u>30</u> Cheesecake Day 10:00 Chair Yoga 10:30 Silver Sneakers Walking Group 2:00 Money Bingo	<u>31</u> 10:00 Chair Yoga 10:45 Garden Time 2:00 Slushie Social 	6:00 Nightly Movies 6:30 Evening Cards Schedule Subject to Change	Family Skype Calls - Ask Nancy Hairdresser Lori Ask Staff for Apts	Also: Hearing Clinics Vitals Clinics Foot Care Apts