










May 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Bayfield Manor Retirement Community</p>	<p>Also: Hearing Clinics Vitals Clinics Footcare Apts</p>	<p>6:30 Nightly Movies 6:30 Evening Cards Schedule Subject to Change</p>	<p><u>1</u> 10:00 Exercise & Weights 10:30 Brain Food 2:00 Yogurt Parfait Social 3:30 Market Cart \$\$</p>	<p><u>2</u> 10:00 Chair Yoga 10:45 Garden Time 2:00 Colour by Design 3:00 Anglican Church with Father Robert</p>	<p><u>3</u> 10:00 Exercise & Weights 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Bible Study with Tami</p>	<p><u>4</u> 10:00 Chair Yoga 10:45 Hydration Station 2:00 Card Bingo</p> 
<p><u>5</u> Lemonade Day 10:00 Cher Music & Trivia 1:30 Lemonade Social 3:00 Wesleyan Church with Pastor Dan</p> 	<p><u>6</u> 10:00 Self Guided Stretches 10:45 Coffee & Chat 2:00 Puzzles & Cards 3:30 Music by Jumping Jimmy</p>	<p><u>7</u> 9:30 Valencia on Piano 10:30 Silver Sneakers Walking Group 2:00 Money Bingo</p>	<p><u>8</u> 10:00 Self Guided Stretches 2:00 Puzzles & Cards</p> 	<p><u>9</u> 10:00 Chair Yoga 10:45 Garden Time 1:30 Gals' Movie 2:00 Guys' Club Playing Shuffle Board</p>	<p><u>10</u> 10:00 Exercise & Weights 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Bible Study with Tami</p>	<p><u>11</u> 10:00 Visit with Clover the Therapy Dog Mother's Day Celebration 2-4</p>
<p><u>12</u> Mother's Day 10:00 Music by Al Visser 2:00 Puzzles & Cards</p> 	<p><u>13</u> Cocktail Day 10:00 Sit & Stand Exercises 10:45 Coffee & Chat 2:00 Foodie Friends Making Cocktails & Mocktails</p>	<p><u>14</u> 10:00 Chair Yoga 10:30 Silver Sneakers Walking Group 2:00 Music by Tom Valiquette</p>	<p><u>15</u> 10:00 Exercise & Weights 10:45 Brain Food 2:00 Get Creative! 3:30 Market Cart \$\$</p>	<p><u>16</u> 10:00 Self Guided Stretches 2:00 Puzzles & Cards</p> 	<p><u>17</u> 10:00 Exercise & Weights 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Bible Study with Tami</p>	<p><u>18</u> Whiskey Day 10:00 Chair Yoga 10:45 Hydration Station 2:00 Music by Sherriffs' Brothers & Birthday Club Bayfield Craft Sale 9-3</p>
<p><u>19</u> 10:00 Elton John Music & Trivia 1:30 Boutique 3:00 Pentecostal Church with Pastor Steve</p>	<p><u>20</u> Victoria Day 10:00 Sit & Stand Exercises 10:45 Coffee & Chat 2:00 Get Creative!</p>	<p><u>21</u> 9:30 Valencia on Piano 10:30 Silver Sneakers Walking Group 2:00 Money Bingo</p>	<p><u>22</u> 10:00 Exercise & Weights 10:45 Brain Food 2:00 Foodie Friends Making Mocktails 3:30 Music by Ice No Slice</p>	<p><u>23</u> 10:00 Self Guided Stretches 10:45 Garden Time 1:30 Guys' Movie 2:00 Gals' Club</p>	<p><u>24</u> 10:00 Self Guided Stretches 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Bible Study with Tami</p>	<p><u>25</u> 10:00 All About Hippos 10:45 Hydration Station 2:00 Puzzles & Cards</p> 
<p><u>26</u> 10:00 Clint Black Music & Trivia 2:00 Puzzles & Games 3:00 Presbyterian Church with Reverend Samer</p>	<p><u>27</u> 10:00 Self Guided Stretches 10:45 Coffee & Chat 2:00 Puzzles & Games</p>	<p><u>28</u> 10:00 Chair Yoga 10:30 Silver Sneakers Walking Group 2:00 Money Bingo</p>	<p><u>29</u> Golf Day 10:00 Exercise & Weights 10:45 Golfing 1:30 Sip & Paint 3:30 Market Cart \$\$</p> 	<p><u>30</u> 10:00 Residents' Council Meeting 2:00 Garden Time 3:00 Christian Reformed Church</p>	<p><u>31</u> 10:00 Exercise & Weights 10:45 Coffee & Chat 2:00 Treat Bingo 3:30 Bible Study with Tami</p>	<p>Family Skype Calls - Ask Nancy Hairdresser Lori Ask Staff for Apts</p>