



February 2024



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Bayfield Manor Retirement Community</p>	<p>FEBRUARY IS HEART MONTH</p>		<p>6:00 Nightly Movies 6:30 Evening Cards <i>Schedule Subject to Change</i></p>	<p><u>1</u> 10:00 Chair Yoga 2:00 Yogurt Parfaits 3:00 Anglican Chch Father Robert</p>	<p><u>2</u> Groundhog Day 10:00 Exercise 10:45 Coffee Chat 1:30 Movie 2:00 Treat Bingo 3:15 Visit with Clover</p>	<p><u>3</u> 10:00 TV Exercise 1:30 Movie 2:00 Puzzles & Cards</p>
<p><u>4</u> 10:00 TV Concert 1:30 Movie 2:00 Puzzles & Cards 3:00 Wesleyan Church</p>	<p><u>5</u> Nutella Day 10:00 Sit & Stand 10:45 Joy of Books 2:00 Get Creative</p>	<p><u>6</u> 9:30 Valencia on Piano 1:30 Movie 2:00 Money Bingo with Wayne</p>	<p><u>7</u> 10:00 Exercise 10:45 Brain Food 2:00 Alan Forbes & Lions Club Project 3:30 Market Cart</p>	<p><u>8</u> 10:00 Chair Yoga 10:30 Memory Lane 1:30 Gals' Movie 2:00 Guys' Group</p>	<p><u>9</u> 10:00 Exercise 10:45 Coffee Chat 1:30 Movie 2:00 Treat Bingo 3:15 Visit by Styles</p>	<p><u>10</u> Chinese NY 10:00 Chair Yoga 2:00 Tim's Walk Up Window</p>
<p><u>11</u> 10:00 TV Concert 1:15 Movie & Nails 3:00 Pentecostal Church</p>	<p><u>12</u> 10:00 TV Exercise 1:30 TV National Geographic 2:00 Puzzles & Cards</p>	<p><u>13</u> Mardi Gras 10:00 Mardi Gras Games 2:00 Graham's Bakery Visit</p>	<p><u>14</u> Valentine's Day 10:00 Exercise 10:45 Brain Food 1:30 Foodie Friends 3:30 Al Visser & Mocktail Social</p>	<p><u>15</u> 10:00 TV Exercise 1:30 Travel TV 2:00 Puzzles & Cards</p>	<p><u>16</u> 10:00 Exercises 10:45 Coffee Chat 1:30 Movie 2:00 Money Bingo 3:15 Visit by Styles</p>	<p><u>17</u> 10:00 TV Exercise 1:30 Movie 2:00 Puzzles & Cards</p>
<p><u>18</u> 10:00 TV Concert 1:30 TV Travel 2:00 Puzzles & Cards 3:00 United Church</p>	<p><u>19</u> Family Day 10:00 Sit & Stand 10:45 Joy of Books 2:00 Foodie Group</p>	<p><u>20</u> Love Your Pet Day 9:30 Valencia on Piano 10:30 Meditation 2:00 Money Bingo</p>	<p><u>21</u> 10:00 Exercise 10:45 Brain Food 2:00 Sip & Paint 3:30 Market Cart</p>	<p><u>22</u> 10:00 TV Exercise 1:30 TV National Geographic 2:00 Downsizing Guest Speaker</p>	<p><u>23</u> 10:00 Exercises 10:45 Coffee Chat 1:30 Movie 2:00 Treat Bingo 3:30 Ice No Slice</p>	<p><u>24</u> 10:00 Chair Yoga 2:00 Sherriffs Brothers</p>
<p><u>25</u> 10:00 TV Concert 1:15 Movie & Nails 3:00 United Church</p>	<p><u>26</u> 10:00 TV Exercise 1:30 TV National Geographic 2:00 Puzzles & Cards</p>	<p><u>27</u> 10:00 Chair Yoga 10:30 Meditation 2:00 Money Bingo</p>	<p><u>28</u> 10:00 Exercise 2:00 Country Social 3:30 Market Cart</p>	<p><u>29</u> Leap Day 10:00 Residents' Council Meeting 1:30 Guys' Movie 2:00 Gals' Group</p>	<p>Also: Hearing Clinics Vitals Clinics Footcare Apts Hairdresser Apts Skype Apts</p>	