



September 2023



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Bayfield Manor Retirement Community</p>		<p>6:30 Nightly Movies 6:30 Evening Cards Schedule Subject to Change</p>	<p>Also: Hearing Clinics Vitals Clinics Footcare Apts</p>	<p>Family Skype Calls - Ask Nancy Hairdresser Lori Ask Staff for Apts</p>	<p><u>1</u> 10:00 Exercise 10:45 Knot & Gab 1:30 Movie 2:00 Treat Bingo 3:15 Garden Time</p>	<p><u>2</u> 10:00 Chair Yoga 1:30 Brain Food 2:30 Pumpkin Spiced Coffee & Cards 3:15 Garden Time</p>
<p><u>3</u> 10:00 TV Hymn Sing 10:45 Silver Sneakers 1:30 Boutique & Nails 2:00 SkipBo/Euchre 3:00 TV Arch Bishop Sheen</p>	<p><u>4</u> Labour Day 10:00 Sit & Stand 10:45 SkipBo 2:00 End-of-Summer Fun!</p>	<p><u>5</u> 9:30 Valencia on Piano 10:30 Silver Sneakers Walking 2:00 Money Bingo 3:15 Garden Time</p>	<p><u>6</u> 10:00 Exercise 10:45 Garden Time 2:00 Wine Tasting 3:30 Market Cart</p>	<p><u>7</u> 10:00 Doug & Pam 1:30 Brain Food 2:00 SkipBo/Euchre 3:00 Anglican Church Father Robert</p>	<p><u>8</u> 10:00 TV Chair Yoga 10:00 SkipBo/Euchre 1:30 TV 'Elton John's Last Concert' 3:15 Garden Time</p>	<p><u>9</u> 10:00 TV Chair Yoga 10:00 SkipBo 1:30 Movie 2:00 SkipBo/Euchre 3:00 Garden Time</p>
<p><u>10</u> 10:00 TV Hymn Sing 10:45 SkipBo/Euchre 1:30 Travel TV 3:00 Pentecostal Church Pastor Steve</p>	<p><u>11</u> 10:00 Sit & Stand 10:45 SkipBo 1:30 Movie 2:00 Get Creative</p>	<p><u>12</u> 10:00 Chair Yoga 10:30 Meditation 2:00 Money Bingo 3:30 Ice No Slice</p>	<p><u>13</u> Chocolate Day 10:00 Exercise 10:45 Garden Time 2:00 Clover the Therapy Dog 3:30 Market Cart</p>	<p><u>14</u> 10:00 TV Chair Yoga 10:45 Garden Time 1:30 Brain Food 2:00 SkipBo/Euchre</p>	<p><u>15</u> 10:00 Exercises 10:45 Knot & Gab 1:30 Movie Matinee 2:00 Treat Bingo 3:15 Garden Time</p>	<p><u>16</u> 10:00 TV Chair Yoga 10:00 SkipBo 1:30 Movie 3:30 Birthday Club & Jumping Jimmy</p>
<p><u>17</u> 10:00 TV Hymn Sing 10:45 SkipBo/Euchre 1:30 Travel TV 3:00 United Church Reverend Blair</p>	<p><u>18</u> 10:00 Sit & Stand 10:45 SkipBo 2:00 Tom Valiquette 3:00 Garden Time</p>	<p><u>19</u> 10:00 Chair Yoga 10:30 Meditation 2:00 Money Bingo 3:15 Garden Time</p>	<p><u>20</u> 10:00 Exercise 10:45 Garden Time 2:00 Sip & Paint 3:30 Market Cart</p>	<p><u>21</u> Alzheimer's Day 10:00 TV Exercise 10:00 SkipBo/Euchre 1:30 Movie 2:00 SkipBo/Euchre 3:00 Garden Time</p>	<p><u>22</u> 10:00 Exercises 10:45 Knot & Gab 2:00 Trinidadian Social</p> 	<p><u>23</u> Autumn Begins 10:00 Chair Yoga 10:00 SkipBo 3:30 Al Visser Bayfield Market 9-3</p>
<p><u>24</u> Grandparents' Day 10:00 TV Hymn Sing 10:45 Silver Sneakers 2:00 Grandparents' Day Fun</p>	<p><u>25</u> 10:00 TV Chair Yoga 10:30 SkipBo/Euchre 1:30 Movie 2:00 SkipBo/Euchre 3:00 Garden Time</p>	<p><u>26</u> 10:00 Chair Yoga 10:30 Meditation 2:00 Money Bingo 3:15 Garden Time</p>	<p><u>27</u> 10:00 Exercise 10:45 Apple Cider 1:30 Brain Food 2:30 Treat Social 3:00 Activity Meet 3:30 Market Cart</p>	<p><u>28</u> 10:00 Chair Yoga 10:30 SkipBo/Euchre 2:00 SkipBo/Euchre 3:00 Christian Reform Church Pst Sid</p>	<p><u>29</u> Coffee Day 10:00 Exercises 10:45 Coffee Treat 1:30 Movie Matinee 2:00 Treat Bingo 3:15 Garden Time</p>	<p><u>30</u> 10:00 TV Chair Yoga 10:00 SkipBo/Euchre 2:00 Wayne & Bill 3:00 Garden Time</p>