

Bayfield Retirement SS 2023 - Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Oatmeal Poached Egg Sausage Links Whole Wheat Toast Assorted Cold Cereal Whole Wheat Toast	Cream of Wheat Ham & Cheese Omelette Assorted Cold Cereal Whole Wheat Toast	Oatbran Cereal Peameal Bacon Fried Egg Assorted Cold Cereal Whole Wheat Toast	Cinnamon Oatmeal Potato Hashbrowns Assorted Cold Cereal Hard Boiled Egg Whole Wheat Toast	Oatmeal Homefries Country Egg Scramble Assorted Cold Cereal Whole Wheat Toast	Cream of Wheat Poached Egg Belgian Waffle Assorted Cold Cereal Whole Wheat Toast	Oatbran Cereal Fried Egg Bacon Strips Assorted Cold Cereal Whole Wheat Toast
LUNCH						
Chef's Best Soup Oriental Beef Rice Pilaf Roasted Root Vegetables Dessert of the Day Pork Schnitzel Lemon Wedge Whipped Potatoes Sauteed Mushrooms & Onions Banana	Chef's Best Soup Swedish Meatballs Garlic Mashed Potatoes Green Peas Dessert of the Day Sausage with Onions & Peppers Buttered Corn Banana	Chef's Best Soup Chicken Stroganoff Seasoned Egg Noodles Green Beans Dessert of the Day BBQ Pork Ribs Mashed Potatoes Steamed Baby Carrots Mandarin Oranges	Chef's Best Soup Roasted Sage Chicken Leg Chalet Dipping Sauce Buttered Corn Dessert of the Day Beef & Vegetable Stew Mashed Potatoes Chilled Tropical Fruit	Chef's Best Soup Broiled Salmon Lemon Butter Sauce Mashed Potatoes Asian Vegetables Dessert of the Day Chicken Tetrazzini with Egg Noodles Green Peas Sliced Pears	Chef's Best Soup Country Style Fried Chicken O'Brien Potatoes Baked Butternut Squash Dessert of the Day Stuffed Manicotti Meat Sauce Broccoli Florets Chilled Pineapple	Chef's Best Soup Ham w/Pineapple & Cherry Mashed Potatoes Cauliflower with Cheese Sauce Dessert of the Day Liver & Onions Roasted Potatoes Sauteed Zucchini & Red Peppers Chilled Apricots
DINNER						
Chef's Best Soup Cheeseburger on Wheat Bun Sweet Potato Fries Honeydew Melon Thai Vegetable Soup Perogies w/Bacon Broccoli Florets Cream Puff	Unsalted Soda Crackers Turkey Noodle Soup Chef's Best Soup Tuna Melt on WW Tossed Salad & Italian Dressing Banana Chicken Wings Onion Rings Pineapple Upside Down Cake	Unsalted Soda Crackers Cream of Mushroom Soup Chef's Best Soup Three Cheese Pizza Mixed Vegetable Sticks Mandarin Oranges Pepperoni Pizza Deluxe Pizza Dessert of the Day	Unsalted Soda Crackers Homemade Vegetable Barley Soup Chef's Best Soup Macaroni & Cheese Baked Tomato au Gratin Garlic Bread Chilled Tropical Fruit Monte Cristo Sandwich Jellied Jewels	Unsalted Soda Crackers Loaded Baked Potato Soup Chef's Best Soup Beef Hot Dog Frank Baked Beans Coleslaw Sliced Pears Eggs Benedict w/Hollandaise Sc Hollandaise Sauce Fresh Fruit Caramel Bread Pudding	Unsalted Soda Crackers Cream of Asparagus Soup Chef's Best Soup B L T on Wheat Mixed Green Italian Salad Chilled Pineapple Quiche Lorraine Fusion Mix Vegetables French Bread Lemon Buttermilk Cake	Unsalted Soda Crackers Creamy Squash & Sweet Potato Soup Chef's Best Soup Pulled Pork on WW Bun Carrot Raisin Salad Chilled Apricots Fish Cakes Tartar Sauce Assorted Dinner Rolls Boston Cream Pie