




# March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Bayfield Manor Retirement Calendar</b></p>		<p><i>Family Skype Calls</i> <i>Ask Nancy</i></p> <p><i>Hairdresser Lori Apts Available</i></p> <p><i>6:30 Movie &amp; Cards</i></p>	<p><u>1</u> 10:00 Euchre 10:00 'Virgin River' 2:00 Music by Don McDougall</p> <p><i>Music Therapy Day</i></p>	<p><u>2</u> 10:00 Chair Yoga 11:30 Staff Chilli Cook Off 1:30 Joy of Books 2:45 Anglican Church Father Robert</p>	<p><u>3</u> 10:00 Exercises 10:45 Joy of Books 1:30 Movie Matinee 2:00 BINGO \$\$ 3:15 Brain Food</p>	<p><u>4</u> 10:00 Euchre 10:00 'Virgin River' 1:30 Movie Matinee 2:00 Skip-Bo &amp; Euchre</p>
<p><u>5</u> 10:00 Euchre 10:00 "Virgin River" 2:45 United Church Reverend Blair</p>	<p><u>6</u> 10:00 Drumming 10:45 Skip-Bo 2:00 Get Creative—Spring Door Hangers</p>	<p><u>7</u> 10:00 Euchre 1:30 Chair Yoga 2:30 Brain Food 5:30 Nails by Nancy 6:30 Games Night</p>	<p><u>8</u> 10:00 Exercise 10:00 Euchre 10:45 Joy of Books 2:00 Women's Day Celebration</p>	<p><u>9</u> 10:00 Music Documentary 2:00 Skip-Bo &amp; Euchre <i>Meatball Day</i></p>	<p><u>10</u> 10:00 Exercises 10:45 Joy of Books 1:30 Movie Matinee 2:00 BINGO Treat 3:15 Brain Food</p>	<p><u>11</u> 10:00 Euchre 10:00 Chair Yoga 10:45 Joy of Books 3:30 Jumping Jimmy</p>
<p><u>12</u> 10:00 Exercise 10:45 Joy of Books 1:30 Golf &amp; Boutique 2:45 Pentecostal Church Rev Steve <i>Daylight Savings Time</i></p>	<p><u>13</u> 9:30 'World of Wonder' TV 10:00 Skip-Bo 2:00 Tom Valiquette</p> 	<p><u>14</u> 10:00 Euchre 1:30 Chair Yoga 2:30 Brain Food 5:30 Nails by Nancy 6:30 Games Night <i>Potato Chip Day</i></p>	<p><u>15</u> 10:00 Exercise 10:00 Euchre 10:45 Joy of Books 1:30 Brain Food 2:30 Beaver Tails <i>Chick Hatch Day ?!</i></p>	<p><u>16</u> 10:00 Chair Yoga 10:45 Joy of Books 1:30 Movie Matinee 2:00 Bingo \$\$ 3:15 Brain Food</p>	<p><u>17</u> 10:00 Exercises 10:45 Joy of Books 1:30 Brain Food 3:30 Ice No Slice</p> 	<p><u>18</u> 10:00 Euchre 10:00 'Virgin River' 1:30 Movie Matinee 2:00 Skip-Bo &amp; Euchre</p>
<p><u>19</u> 10:00 Euchre 10:00 'Virgin River' 2:45 Presbyterian Church Reverend Samer</p>	<p><u>20</u> 10:00 Drumming 10:45 Skip-Bo 1:30 Activity Ideas 2:30 Brain Food <i>Spring Begins</i></p>	<p><u>21</u> 10:00 Euchre 1:30 Chair Yoga 3:30 Al Visser 5:30 Nails by Nancy 6:30 Games Night</p>	<p><u>22</u> 10:00 Exercise 10:00 Euchre 10:45 Joy of Books 1:30 Sip &amp; Paint</p>	<p><u>23</u> 10:00 Exercises 10:45 Joy of Books 1:30 Movie Matinee 2:00 BINGO Treat 3:15 Brain Food</p>	<p><u>24</u> 10:00 Skip-Bo 10:00 Music Documentary 1:30 Movie Matinee 2:00 Euchre</p>	<p><u>25</u> 10:00 Euchre 10:00 Chair Yoga 10:45 Joy of Books 2:00 Shuffle Board <i>Waffle Day</i></p>
<p><u>26</u> 10:00 Exercise 10:45 Joy of Books 1:30 Golf &amp; Boutique 2:45 Wesleyan Church Pastor Dan <i>Purple Day</i></p>	<p><u>27</u> 9:30 'World of Wonder' TV 10:00 Skip-Bo 1:30 Movie Matinee 2:00 Euchre</p>	<p><u>28</u> 10:00 Euchre 1:30 Chair Yoga 2:30 Brain Food 5:30 Nails by Nancy 6:30 Games Night</p>	<p><u>29</u> 10:00 Exercise 10:00 Euchre 10:45 Joy of Books 1:30 Brain Food 2:30 Yogurt Par Fait Social</p>	<p><u>30</u> 10:00 Chair Yoga 10:45 Joy of Books 1:30 Ping Pong Peanut Butter &amp; Other Games</p>	<p><u>31</u> 10:00 Exercises 10:45 Joy of Books 1:30 Movie Matinee 2:00 BINGO \$\$ 3:15 Brain Food</p>	<p><b>Also:</b> <b>Vitals clinics</b> <b>Footcare</b> <b>Hearing Clinic</b></p>