


# September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Retirement Home Calendar</i></p>						<p><u>1</u> 2:00 Movie</p>
<p><u>2</u> 2:30 Presbyterian Church Service</p>	<p><u>3</u> <b>Labor Day</b> 2:00 Good Tyme Country-NS 3:00 Yoga with Ram &amp; Refreshments</p>	<p><u>4</u> 11:15 Exercises 1:30 Vitals Clinic 2:00 Golf</p>	<p><u>5</u> 2:00 Bocci Ball</p>	<p><u>6</u>10:30 Book Club 11:15 Exercises 2:00 Pentecostal Church Service 3:00 Social Hour</p>	<p><u>7</u> 10:00 Catholic Mass 2:00 BINGO 3:30 Happy Hour</p>	<p><u>8</u> 9:30 Spencerville Fair Parade 2:00 Movie</p>
<p><u>9</u> Grandparents Day 2:30 United Church Service</p>	<p><u>10</u> 10:00 School of Art 3:00 Yoga with Ram &amp; Refreshments</p>	<p><u>11</u> 11:15 Exercises 1:30 Vitals Clinic 2:00 Russell Male Choir-NS 2:00 Shuffle Board</p>	<p><u>12</u> 2:00 Sharing Memorabilia</p>	<p><u>13</u>10:30 Book Club 11:15 Exercises 2:00 Anglican Church Service 3:00 Social Hour 6:30 Movie Night</p>	<p><u>14</u> 2:00 BINGO 3:30 Happy Hour</p>	<p><u>15</u> 10:00 Ice No Slice-NS 2:00 Movie</p>
<p><u>16</u> 2:30 Free Methodist Service</p>	<p><u>17</u> 10:00 School of Art 3:00 Yoga with Ram &amp; Refreshments</p>	<p><u>18</u> 11:15 Exercises 1:30 Vitals Clinic 2:00 Golf 7:00 Ottawa Valley Men's Choir-NS</p>	<p><u>19</u> 10:00 J&amp;K Boutique 2:00 Hudson-NS 2:00 Canadian Trivia</p>	<p><u>20</u>10:30 Book Club 11:15 Exercises 2:00 United Church Service 3:00 Social Hour 6:30 Movie Night</p>	<p><u>21</u> 2:00 BINGO 3:30 Happy Hour with the Way Back Machine</p>	<p><u>22</u> 2:00 Forever Friends-NS 2:00 Movie</p>
<p><u>23</u> 2:30 Christian Reform Service <u>30</u></p>	<p><u>24</u> <b>BARBERS IN</b> 10:00 School of Art 1:30 Presbyterian Missionary Meeting 3:00 Yoga with Ram &amp; Refreshments</p>	<p><u>25</u> 11:15 Exercises 1:30 Vitals Clinic 2:00 Shuffle Board 7:00 Jimmy's Old Time Radio Show-NS</p>	<p><u>26</u> 2:30 Mrs. Wilson Comedy Routine</p>	<p><u>27</u>10:30 Book Club 11:15 Exercises 2:00 Anglican Church Service 3:00 Social Hour 6:30 Movie Night</p>	<p><u>28</u> 2:00 Birthday Tea 3:30 Happy Hour Singing Seniors</p>	<p><u>29</u> 2:00 Highland Dancers-NS 2:00 Movie</p>