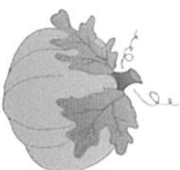
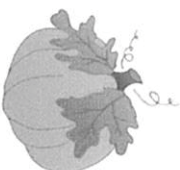



October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>7 2:30 Presbyterian Church Service</p>	<p>1 10: School of Art 2:00 UCW gathering in library 2:00 Yoga with Ram 3:00 Refreshments International Coffee Day</p>	<p>2 11:15 Exercises 1:30 Vitals Clinic 2: Richard Loney -NS 3:00 Golf Serving Hot Cider</p>	<p>3 2:00 Mental Aerobics</p>	<p>4 10:15 Book Club 11:15 Exercises 2:00 Pentecostal Church Service 2:00 Social Hour with Ram</p>	<p>5 10:00 Catholic Mass 2:00 BINGO 3:30 Happy Hour With Lady Blonde</p>	<p>6 10:00 Fitness with Catherine -NS</p>
<p>14 2:30 United Church Service</p>	<p>8 Thanksgiving 2:00 Music by Vicki Spurrell -NS 2:00 Yoga with Ram 3:00 Refreshments & Trivia</p>	<p>9 11:15 Exercises 1:30 Vitals Clinic 1-4pm Horse & Carriage Rides Serving Hot Cider</p>	<p>10 10:1&KBoutique 1:30 Town Hall Meeting 2:00 Baking Apple Crisp 7: Belly Dancers NS</p>	<p>11 10:15 Book Club 11:15 Exercises 2:00 Anglican Church Service 2:00 Arm Chair Travel</p>	<p>12 10:00 Creative Cooking-NS 2:00 BINGO 3:30 Happy Hour with Chris & Ian</p>	<p>13</p> 
<p>14 2:30 United Church Service</p>	<p>15 10:00 School of Art 2: Mike Meehan-NS 2:00 Yoga with Ram 3:00 Refreshments & Trivia</p>	<p>16 11:15 Exercises 1:30 Vitals Clinic 2:00 Shuffleboard Serving Hot Cider</p>	<p>17 10:00 Baby Days 2:00 Aging Well Theatre Skits</p>	<p>18 10:15 Book Club 11:15 Exercises 2:00 United Church 2:00 Social Hour with Ram 7:00 Al Visser- NS</p>	<p>19 2:00 BINGO 3:30 Happy Hour Singing Seniors</p>	<p>20</p> 
<p>21 2:30 Free Methodist Service <i>National Apple Day</i></p>	<p>22 <i>National Nut Day</i> 10:00 School of Art 1:45 Presbyterian Missionary Meeting 2:00 Yoga with Ram 3:00 Refreshments</p>	<p>23 11:15 Exercises 1:30 Vitals Clinic 2:00 Shuffleboard Serving Hot Cider</p>	<p>24 10:00 Tom Valiquette -NS 2:00 Comedy Skit 1-4pm Adaptive Clothing Sale in library</p>	<p>25 10:15 Book Club 11:15 Exercises 2:00 Anglican Church Service 2:00 Social Hour with Ram</p>	<p>26 2:00 Birthday Tea Party 3:30 Happy Hour with Nathan Aswell <i>National Pumpkin Day</i></p>	<p>27</p>
<p>28 2:30 Christian Reform Service <i>National Chocolate Day</i></p>	<p>29 BARBER'S IN 10:00 School of Art 2:00 Yoga with Ram 3:00 Refreshments & Trivia</p>	<p>30 11:15 Exercises 1:30 Vitals Clinic 2:00 Carving Pumpkins</p>	<p>31 2:00 Halloween Party</p>		<p>RETIREMENT HOME CALENDAR</p>	